

PAT NEWSLETTER



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Child Health and Well-Being is Our Priority

PAT Medical Camp Reaches Over 300 Children in Mwanza



The photo shows some participants of the medical camp held at Furahisha grounds in Mwanza, towards the 2026 PAT Scientific Conference

On 13 July 2026, the Paediatric Association of Tanzania (PAT) conducted a medical camp at Furahisha Grounds in Mwanza as part of the pre-conference activities for the 2026 PAT Scientific Conference.

The event brought together paediatricians, healthcare professionals, and community members to promote early detection and access to essential child health services.

More than 300 children were screened for various paediatric conditions and received health

assessments and appropriate guidance. The medical camp was officially opened by the Mwanza Regional Medical Officer (RMO), who commended PAT for its commitment to improving child health in the region.

The activities began with a charity walk from Bugando to Furahisha Grounds, bringing together healthcare professionals and community members in a strong show of support for child health.

PAT 2026 Scientific Conference: Advancing Resilient Health Systems for Every Child

The Paediatric Association of Tanzania (PAT) 2026 Scientific Conference was held from 15–17 July 2026 in Mwanza, under the theme “Resilient Health Systems for Every Child: Innovation, Equity, and Quality of Care.” The conference brought together paediatricians, healthcare professionals, researchers, policymakers, development partners, and other stakeholders to share evidence, innovations, and practical solutions for improving child and adolescent health.

Across three days, discussions focused on newborn survival, quality of care, digital health, immunization, nutrition, antimicrobial stewardship, rare diseases, paediatric oncology, disability inclusion, and adolescent health. Presentations highlighted the value of clinical mentorship,



Dr. Theopista Jacob (PAT President), giving a vote of thanks during the 2026 PAT Scientific Conference



A group photo showing some participants of the technical workshop to develop and review the 2026 MIYCN

continuous professional development, early diagnosis, multidisciplinary care, and technology-enabled solutions in strengthening healthcare delivery.

The conference generated important recommendations, including scaling up newborn screening and CPAP services, strengthening diagnostic and referral systems, expanding digital health innovations, improving nutrition and immunization programmes, and investing in healthcare workers.

PAT reaffirmed its commitment to working with the Ministry of Health and partners to translate evidence and innovation into action, ensuring that every child survives, thrives, and reaches their full potential.

Strengthening Breastfeeding Support Beyond World Breastfeeding Week

The World Breastfeeding Week (WBW) 2026 Workshop, held on 3–4 August 2026 at Regal Naivera Complex, Tanga, brought together the Paediatric Association of Tanzania (PAT), Ministry of Health, UNICEF, AMREF, TFNC, GIZ, CUAMM, Tanga City Council, and other stakeholders to strengthen breastfeeding support and maternal and child nutrition.

The workshop highlighted the importance of breastfeeding for optimal child nutrition, growth, and wellbeing, while emphasizing maternal mental health and supportive care.



A photo showing some attendees of the WBW held at Regal Naivera Complex, Tanga

Key actions agreed upon included regular breastfeeding mini-campaigns, integrating maternal mental health into maternal services, promoting digital health innovations, engaging certified social media influencers, advocating for improved maternity and paternity leave, and refresher training for healthcare workers on breastfeeding counselling.

Stakeholders committed to sustained action beyond WBW, calling on health professionals, policymakers, partners, communities, youth, and media to create an enabling environment where every mother receives the information, support, time, and resources needed to breastfeed successfully.



Hot discussions during the WBW held at Regal Naivera Complex, Tanga

PAT Participates to Strengthening Nurturing Care in Primary Healthcare



A photo shows discussion during a costed action plan for integrating nurturing care into Primary Health Care

From 27–30 April 2026, the Ministry of Health, in collaboration with the Paediatric Association of Tanzania (PAT) and other stakeholders, convened a meeting at Edema Hall, Morogoro, to develop a costed action plan for integrating nurturing care into Primary Health Care (PHC) services.

The meeting brought together health facility managers, ECD experts, NGOs, and development partners, all committed to ensuring young children receive holistic support through health, nutrition, responsive caregiving, safety, and early learning.

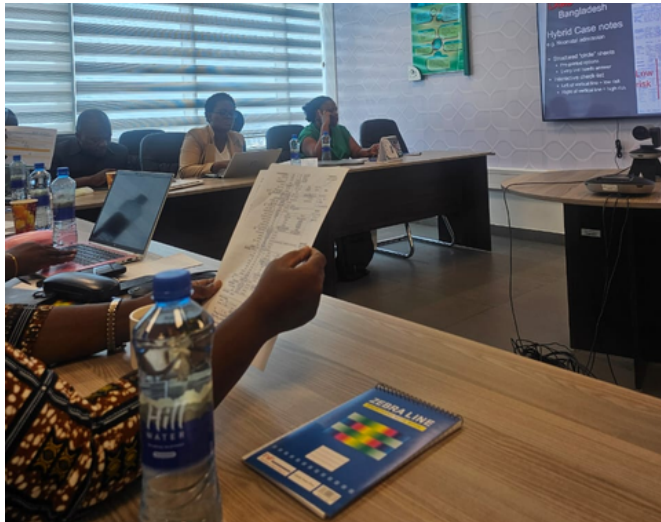
Key priorities included integrating nurturing care into maternal and child health services, strengthening health-worker capacity, piloting the costed plan in selected districts, and incorporating nurturing care indicators into routine reporting systems.

Stakeholders called for continued resource mobilization, strong partnerships, and coordinated implementation to make nurturing care an integral part of PHC and help every child in Tanzania achieve healthy growth and development.



Dr. Theopista Jacob, the PAT President, during a costed action plan for integrating nurturing care into Primary Health Care

Strengthening Health Data Systems for Better Child Health



A photo showing discussion during the costed action plan for integrating nurturing care into Primary Health Care

A stronger, user-friendly, and accurate health information system will support timely decision-making, better planning, and improved service delivery for children and families.

Stakeholders were urged to actively participate in the revision, validation, piloting, and adoption of Afya SS to ensure accurate, timely, and actionable data for better child health outcomes.

The Workshop to Review and Improve the Participatory Health Management System (Afya SS), held from 26–28 August 2026 at Bwalo la JKT, Morogoro, brought together the Ministry of Health, WHO, and the Paediatric Association of Tanzania (PAT).

Participants reviewed the existing Afya SS Tool and identified improvements to strengthen health-service reporting and data collection.

Key recommendations included reducing duplicated indicators, piloting the revised tool in selected health facilities, and training users before nationwide rollout.



Dr. Pius Muzzazzi, the former PAT President, contributing during the costed action plan for integrating nurturing care into Primary Health Care



INVITATION TO HOST A CME ACTIVITY

With The Paediatrics Association of Tanzania (PAT)

Why Hosting a CME Activity with PAT?

- A platform to speak with paediatricians and other healthcare workers
- Professional CME Session Delivered by Experts
- CPD Accredited Activity
- Technical Setup & Administrative Support
- Visibility and Promotion
- Customized Learning for Organizational Needs

The Cost is TSHs. 1,000,000/-

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